

ADULTERY

Adultery can be physical or emotional in nature. It is an attempt to escape your current circumstances in lieu of dealing with the issues. If you are having an affair or contemplating having an affair, we want you to know that this is not a part of God's plan for you.

You should do all that you can to avoid temptation. This could include avoiding contact with former boyfriends or girlfriends as well as not spending time alone with someone of the opposite sex who is not your spouse. If you are currently involved in an affair it is important to confess this sin to God (1 John 1:9), as well as to others, including those you have hurt in the process. If you find this confession hard to do, seek help! We are here to help you, not judge you, through this difficult and critical process.

If your spouse has been involved in an adulterous relationship, this is no doubt a very difficult time for you. However, it does not mean that you should file for divorce. An affair does not necessarily mean the end of your marriage, but the inability to forgive could. Granting forgiveness can be difficult; yet, with God's help you can make that choice.

SCRIPTURE RESOURCES

You shall not commit adultery. Exodus 20:14

Dear friends, I urge you, as foreigners and exiles, to abstain from sinful desires, which wage war against your soul. 1 Peter 2:11

So, if you think you are standing firm, be careful that you don't fall! No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it. 1 Corinthians 10:12-13

I have hidden your word in my heart that I might not sin against you. Psalm 119:11

But a man who commits adultery has no sense; whoever does so destroys himself. Proverbs 6:32

SUGGESTED READING

- *Torn Asunder* by Dave Carder

